

CALIFORNIA STATE LIBRARY

LIBRARY SERVICES AND TECHNOLOGY ACT (LSTA) FISCAL YEAR 2018/2019

PITCH-AN-IDEA LOCAL GRANT APPLICATION

ELEMENT 1: BASIC INFORMATION (please see application instructions for additional information)

Applicant Information

- | | |
|--|---|
| <p>1. Library/Organization
Fresno County Public Library</p> <p>3. Legal Business Name <i>(must match name registered with Federal Employer Identification Number (FEIN))</i>
Fresno County Public Library</p> <p>4. Project Coordinator Name
Krista Riggs</p> <p>6. Email Address
krista.riggs@fresnolibrary.org</p> <p>8. Mailing Address
2420 Mariposa Street</p> | <p>2. Library's DUNS Number
07-878-7397</p> <p>5. Project Coordinator Title
Supervising Librarian - Programming</p> <p>7. Business Phone Number
(559) 600-6218</p> |
|--|---|
- | | | |
|-------------------------------|----------------------------|-----------------------------|
| <p>City
Fresno</p> | <p>State
CA</p> | <p>Zip
93721</p> |
|-------------------------------|----------------------------|-----------------------------|

Project Information

- 9. Project Title** Sit and Be Fit at the Library: Rotating Resources
- 10. LSTA Funds Requested** \$34,371
- 11. Cash Match & In-Kind** \$51,421
- 12. Total Project Cost** \$85,792
- 13. California's LSTA Goals [from FY 2018-2022 Five Year Plan]** *(Check one goal from the first five goals of the five-year plan that best describes the project)*
- | | |
|---|---|
| <input type="checkbox"/> Goal 1 [equitable access, trusted community space] | <input type="checkbox"/> Goal 4 [technology to deliver information and services] |
| <input type="checkbox"/> Goal 2 [literacy services and learning opportunities] | <input type="checkbox"/> Goal 5 [economic development and workforce innovation] |
| <input checked="" type="checkbox"/> Goal 3 [innovation, creativity, connections and collaboration] | |

Please briefly list other FY 2018-2022 Five Year Plan goals to which your project relates, if applicable.

The project also relates to Goal 1: Equitable access, trusted community space.

14. Primary Audience(s) for project *(Select all that apply.)*

- | | | |
|---|---|--|
| <input checked="" type="checkbox"/> Adults | <input checked="" type="checkbox"/> Low Income | <input type="checkbox"/> School Age Children |
| <input type="checkbox"/> Families | <input type="checkbox"/> Non/Limited English Speaking | <input checked="" type="checkbox"/> Senior Citizens |
| <input type="checkbox"/> Immigrants/Refugees | <input checked="" type="checkbox"/> People with Disabilities | <input type="checkbox"/> Statewide Public |
| <input type="checkbox"/> Intergenerational Groups
(Excluding Families) | <input type="checkbox"/> People with Limited Functional
Literacy | <input checked="" type="checkbox"/> Suburban Populations |
| <input type="checkbox"/> Library Staff , Volunteers and/or
Trustees | <input type="checkbox"/> Pre-School Children | <input type="checkbox"/> Unemployed |
| | <input checked="" type="checkbox"/> Rural Populations | <input checked="" type="checkbox"/> Urban Populations |
| | | <input type="checkbox"/> Young Adults and Teens |

ELEMENT 2: PROJECT BACKGROUND AND SUMMARY

Describe how this project was identified as a need (include supporting data and statistical information), how it relates to your library's strategic plan or other local planning documents, what will be accomplished if this project is implemented, and how you will know whether your project is successful. Your summary should relate to activities in the timeline (Element 4).

Of 170,669 residents over the age of 60 in Fresno County, 18,289 people live in isolated rural areas, 24,745 are considered low income, and 30,875 live alone (California Department of Aging, 2017). Older adults in rural areas have higher rates of physical inactivity and obesity than peers in metropolitan areas due to a lack of safe, accessible programs and facilities (UCLA Health Policy Brief, 2011). Physical inactivity can lead to heart disease, diabetes, falls, and disability. Within the city of Fresno, a lack of designated senior centers contributes to a need for centralized social recreation for urban seniors. Sit and Be Fit at the Library: Rotating Resources addresses the community need for free, accessible fitness programs and resources for seniors and adults with disabilities in both urban and rural communities. Data from community conversations in nine diverse areas of Fresno County reveals a recurring aspiration for more free health and recreational activities for seniors, and a need for a centralized hub of current information and resources. Surveys from FCPL's existing Sit and Be Fit program include over twenty requests for an increase in the number of health and exercise related programs for seniors that the Library offers.

The project expands on an existing program at FCPL's Fig Garden Branch that offers low-impact chair exercise programs to serve older adults and adults with disabilities using video demonstrations with continuing free licensing permission from Sit and Be Fit. The program is very popular, with a total of 3007 participants attending 182 programs over two years, for an average of 17 participants per program. The grant project expands the program by creating eight rotating program boxes for easy implementation at multiple branches, outreach locations, and alongside "pop-up libraries" in urban and rural locations. FCPL will also partner with Fresno Parks, After School, Recreation, and Community Services (PARCS) and Fresno-Madera Area Agency on Aging to facilitate conversations on senior health and wellness topics to correspond with the exercise program at free congregate senior meal locations throughout the County.

Increasing social support for older adults to combat isolation aligns with FCPL's organizational mission statement of 'We enrich lives and build community.' The project also relates directly to two priorities from the Library's strategic plan:

- Foster Community Connections: Sit and Be Fit relates to two subheadings under this category: "Anticipate and respond to the evolving needs and expectations of individuals and communities," and "Build and strengthen partnerships and collaborations with other organizations." With the baby boomer generation approaching retirement age, the number of senior citizens in Fresno County is expected to increase by 100,000 people over the next ten years (Donald A Promnitz, The Business Journal, January 16, 2018). Sit and Be Fit addresses evolving needs for this demographic by increasing availability of health and wellness programs, building a stronger sense of community, and strengthening partnerships with local organizations to facilitate open conversations around hot topics for older adults.

- Providing Welcoming and Safe Environments: The project relates to the subheading, "Foster equitable, inclusive and nondiscriminatory access to spaces, resources and services for different abilities." While the primary target audience for Sit and Be Fit programs is older adults, the low-impact chair exercises are also appropriate for adults of any age with physical disabilities as well. Offering Sit and Be Fit programs within and beyond the library walls will provide free, equal access to supportive and inclusive programs and resources for adults of any ability in their own community.

Through implementation of the project, older adults will experience a stronger sense of community and social support through friendships formed during free, low-impact exercise programs, combatting a sense of isolation in rural and urban areas of the County. Older adults and adults with disabilities will also better understand aspects of healthy living and aging through the accessible exercise programs and through corresponding community conversations with local experts on issues of concern. As the Sit and Be Fit Corporation states, "We empower people to improve their lives through safe, effective health and wellness programming" (www.sitandbefit.org). Participants at programs within and beyond library walls will continue to view FCPL as inclusive and welcoming of everyone, and supportive of patrons through every stage of lifelong learning. FCPL will know the project to expand Sit and Be Fit to multiple locations is successful when more older adults and adults with disabilities feel welcome and supported by the Library, and feel part of a community concerned with improving health and wellness as seen through an increase in program offerings and participation countywide.

ELEMENT 3: PARTNERSHIPS

Please list all formal partners for your project here. Please attach (under Element 7) a copy of your signed agreement with each partner, which outlines the role the partner will play and the resources the partner will contribute. Attach a separate sheet if necessary.

Partner Name	Organization Type (see instructions for valid entries)	Legal Type (see instructions for valid entries)	Role on Project	Resources That Partner Will Contribute (materials/funds/staff)
City of Fresno Parks and Recreation (PARCS)	Other (City Department of Parks and Recreation)	Local Government	Fresno PARCS will provide space at their free congregate meal sites for Sit and Be Fit programs and conversations, and will help draw an audience through distribution of flyers.	Fresno PARCS will contribute use of their facilities in up to four community centers that serve free congregate meals to seniors in Fresno County. The in-kind contribution of use of facilities is estimated to equal \$4,800.
Fresno-Madera Area Agency on Aging	Human Service Organization	State Government	FMAAA will provide presenters on elder abuse awareness and prevention at up to four program sites a session. They will also help FCPL recruit other presenters through their network of partner organizations.	FMAAA will provide expert speakers to facilitate community conversations for up to four programs a session, with an estimated in-kind value of \$1,200.

Please list informal partners here - organizations that support your project but with whom you have no formal project agreement in place. Describe how their contributions will help achieve the project's outputs and outcomes. Attach letters of support under Element 7.

FCPL will informally partner with recommended local organizations that frequently collaborate with FMAAA to expand the scope of expert speakers to facilitate safe and open conversations at outreach locations. Examples of possible organizations include the Alzheimer's Association Central California Chapter, Valley Caregiver Resource Center, Hinds Hospice Center for Grief and Loss, and the local Deaf and Hard of Hearing Services Center.

ELEMENT 4: PLANNING AND EVALUATION

Please answer each area concisely and completely. For section A-F limit responses to four pages.

A. Project Intent (Check **only one** that best describes the project)

Lifelong Learning: Improve users' knowledge or abilities beyond basic access to information

- ☐ Improve users' formal education
- ☐ Improve users' general knowledge and skills

Information Access: Improve access to information

- ☐ Improve users' ability to discover information resources
- ☐ Improve users' ability to obtain and/or use information resources

Institutional Capacity: Add, improve or update a library function or operation to further its effectiveness

- ☐ Improve the library workforce
- ☐ Improve the library's physical and technology infrastructure
- ☐ Improve library operations

Employment & Economic Development: Improve users' ability to apply information that furthers the status of their jobs and/or businesses

- ☐ Improve users' ability to use resources and apply information for employment support
- ☐ Improve users' ability to use and apply business resources

Human Services: Improve users' ability to apply information that furthers their personal, family or household circumstances

- ☐ Improve users' ability to apply information that furthers their personal, family, or household finances
- ☐ Improve users' ability to apply information that furthers their personal or family health & wellness
- ☐ Improve users' ability to apply information that furthers their parenting and family skills

Civic engagement

- ☒ Improve users' ability to participate in their community
- ☐ Improve users' ability to participate in community conversations around topics of concern

B. Project Purpose – Short statement which answers the questions: we will do what, for whom, for what expected benefit(s).

FCPL will expand its popular Sit and Be Fit program to increase its offerings of low-impact chair exercise programs for seniors and people with disabilities. The Library will partner with Fresno PARCS to offer the program beyond the walls of the library at congregate meal sites, and will recruit expert speakers from FMAAA to facilitate community conversations about hot topics for older adults at these venues. Expanding a popular program will fill the community need of more health and exercise-oriented programs for older adults while also addressing the concern of isolation, providing social activities and conversation for an increased sense of community and support.

C. Anticipated Project Outputs – Quantitative measures of services and/or products to be created/provided.

Quantitative outputs include:

FCPL will expand Sit and Be Fit programs within library branches to at least six new programs by July 2019.

FCPL will offer Sit and Be Fit programs at congregate meal outreach sites through least six new programs by July 2019.

FCPL will increase overall participation in library programs for older adults by at least 4 times the current statistics for FCPL by July 2019.

FCPL will reach an average of at least 10 participants at each Sit and Be Fit program location per session, for a total number of at least 120 participants countywide.

FCPL will partner with Fresno PARCS to distribute 100 flyers to advertise the programs per outreach location.

The Library will further advertise the program through at least four print ads in the Fresno Bee, and at least one radio ad and two television spots.

FCPL will partner with FMAAA to offer four expert presenters to host conversations at meal sites during both program sessions, for a total of eight presentations/ conversations.

FCPL will train at least six adult librarians in program implementation.

D. Outcomes. Please select one or more of the outcomes provided by the State Library (see Instructions) that relate to the primary Five Year Plan goal that you selected in Element 1

Primary outcomes for the project include:

Goal 3: California libraries inspire, support, and engage in innovation, creativity, connections, and collaborations in their communities.

- Outcome 3c: Californians make connections through their libraries.
- Outcome 3d: Californians collaborate through their libraries.

The primary outcomes above will be measured using these survey questions: 1.) I connected with other people, agencies, or programs because of the library. 2.) I feel welcome at the library. 3.) I trust the information that I find at the library. 4.) I trust library staff. 5.) The library is an important part of my community. 6.) I intend to return to the library.

The project also aligns with outcomes from Goal 1:

Goal 1: California libraries provide equitable access to information, services, and resources in a trusted community space

- Outcome 1a: Californians find information, services, and resources at their libraries.
- Outcome 1b: Californians view their libraries as trusted community spaces.

An additional survey question to add to measure outcomes from Goal 1 is 1.) I found what I wanted at the library today.

As an instructional program, the Sit and Be Fit project will also ask the following survey questions: 1.) I learned something by participating in this library activity. 2.) I feel more confident about what I just learned. 3.) I intend to apply what I just learned. 4.) I am more aware of resources and services provided by the library. 5.) I am more likely to use other library resources and services.

To avoid fatigue for survey respondents, FCPL will issue questions to measure Outcomes 3c, 3d, 1a, and 1b during the first program session in at least six locations. Survey questions catered to instructional programs will be asked on surveys issued during the second program session in at least six locations.

E. Briefly describe how this project will be financially supported in the future, should it prove successful.

FCPL's adult librarians have performance expectations of offering a set number programs at each branch per year, securing the resource of staff time for continued support of Sit and Be Fit programs at successful locations. Through the grant budget, FCPL will be able to purchase one replacement set of exercise equipment (bands, towels, etc.) for each rotating box, sustaining the program beyond one set of supplies. For replacements beyond the initial two sets per program box, FCPL will rely on its ongoing program supply budget, the generous support of its Friends of the Library, and/or additional grant opportunities to further expand and sustain the popular program.

F. Activities. What activities will be used to accomplish your project and achieve your outcomes? Per IMLS, Activities are actions through which the Intent (Element 4A) of a project is accomplished and which account for at least 10% of the total amount of resources committed to the project. IMLS has identified 4 types of Activities and associated Modes (methods by which the Activity is carried out) Select all that apply to your project and provide descriptions for each.

1. ☒ **Instruction** - Involves an interaction for knowledge or skill transfer and how learning is delivered or experienced. *(Check all that apply and provide a description including whether the format will be in-person, virtual, or both)*

☒ Program - Formal interaction and active user engagement (e.g., a class on computer skills).

☒ Presentation - Formal interaction and passive user engagement (e.g., an author's talk),

- ☐ Consultation - Informal interaction with an individual or group of individuals (library staff or other professional) who provide expert advice or reference services to individuals, units, or organizations.
- ☐ Other

Description: Sit and Be Fit: Rotating Resources will use instructional activities of programs and presentations to interact with participants and transfer knowledge and skill. In-person programs include the low-impact chair exercise programs within library branches and at outreach facilities. In-person presentations include interactive community conversations on hot topics to older adults facilitated by expert speakers from local organizations.

2. ☒ **Content** - Involves the acquisition, development, or transfer of information and how information is made accessible. *(Check all that apply and provide a description including whether the format will be physical, digital, or both)*
- ☐ Acquisition - Selecting, ordering, and receiving materials for library or archival collections by purchase, exchange, or gift, which may include budgeting and negotiating with outside agencies (i.e. publishers, vendors) to obtain resources. May also include procuring software or hardware for the purposes of storing and/or retrieving information or enabling the act of experiencing, manipulating, or otherwise interacting with an information resource.
 - ☒ Creation - Design or production of an information tool or resource (e.g., digital objects, curricula, manuals). Includes digitization or the process of converting data to digital format for processing by a computer.
 - ☐ Description - Apply standardized descriptive information and/or apply such information in a standardized format to items or groups of items in a collection for purposes of intellectual control, organization, and retrieval.
 - ☐ Lending - Provision of a library's resources and collections through the circulation of materials (general circulation, reserves). May also refer to the physical or electronic delivery of documents from a library collection to the residence or place of business of a library user, upon request.
 - ☐ Preservation - Effort that extends the life or use life of a living or non-living collection, the individual items or entities included in a collection, or a structure, building or site by reducing the likelihood or speed of deterioration.
 - ☐ Other

Description: Sit and Be Fit: Rotating Resources also includes creating program boxes by selecting and ordering DVDs, exercise materials, and technology to successfully facilitate exercise programs within and outside of library branches in urban and rural settings. FCPL will create eight program boxes to rotate internally among library staff and locations throughout the system.

3. ☐ **Planning & Evaluation** - Involves design, development, or assessment of operations, services, or resources and when information is collected, analyzed, and/or disseminated. *(Check all that apply and provide a description including whether the format will be in-house or third-party)*
- ☐ Retrospective - Research effort that involves historical assessments of the condition of a project, program, service, operation, resource and/or user group.
 - ☐ Prospective - Research effort that projects or forecasts a future condition of a project, program, service, operation, resource, and/or user group.

Description:

4. ☐ **Procurement – May only be used for projects with an Institutional Capacity Intent (see Element 4A).**
Includes acquiring or leasing facilities; purchasing equipment/supplies, hardware/software, or other materials (not content) that support general library infrastructure. *(Provide a description)*

Description:

Activity	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Order supplies for rotating program boxes.	X	X										
Create a marketing campaign, including newspaper ads and television and radio spots.		X	X									
Communicate and plan with partner organizations.		X	X									
Train branch staff on program facilitation.		X	X	X								
Assemble program boxes and deliver to branch librarians.				X								
Schedule programs in library branches and at PARCS meal sites.				X	X							
Coordinate with guest presenters for conversations at outreach locations.				X	X							
Implement Phase I of programs in at least 6 library branches and 4 off-site locations							X	X	X			
Issue surveys to measure outcomes and satisfaction.									X	X		
Reflect and modify programs based on feedback from survey responses.									X	X		
Implement Phase II of programs in same or different locations, based on feedback.											X	X
Issue surveys to measure outcomes and satisfaction.											X	X
Reflect and modify future directions based on feedback from survey responses.												X

ELEMENT6: BUDGET

The budget should clearly identify the amounts requested and from what sources.

Budget Category	LSTA	Cash Match & In-Kind	Total
Salaries/Wages/Benefits			
Supervising Librarian - Programming - 120 hours	\$0	\$7,784	\$7,784
Adult Programming Librarian - 360 hours	\$0	\$16,092	\$16,092
WoW Community Librarian and Web Marketing Librarian - 40 hours total	\$0	\$1,138	\$1,138
6 Branch Librarians - 40 hours each, 240 hours combined	\$0	\$10,358	\$10,358
Collection Development Library Assistant II - 5 hours	\$0	\$129	\$129
Public Information Officer - 32 hours	\$0	\$1,769	\$1,769
Graphics Arts Specialist - 80 hours	\$0	\$3,729	\$3,729
Senior Library Assistant - Programming - 120 hours	\$0	\$4,422	\$4,422
Subtotal	\$0	\$45,421	\$45,421
Description: Supervising Librarian (project oversight/ management) - 120 hours @ \$64.87/hr = \$7,784 (6% FTE), Adult Programming Librarian (ordering materials, training branch staff, packing program boxes, implementation) - 360 hours @ \$44.70/hr = \$16,092 (17% FTE), WoW Librarian (implementation, outreach) and Web Marketing Librarian (web and social media marketing)- 20 hours each, 40 hours combined @ \$28.45/hr = \$1,138 (1% FTE for each), 6 branch librarians (training and implementation) - 40 hours each, 240 hours combined @ \$43.16/hr = \$10,358 total (2% FTE for each), Collection Development Library Assistant II (acquiring DVDs, processing kits) - 5 hours @ \$25.80/hr = \$129 (0.2% FTE), Public Information Officer (creation of print and media advertising and related contracts) - 32 hours @ \$55.28/hr = \$1,769 (1.5% FTE), Graphics Arts Specialist (creation of graphics/ branding for marketing) - 80 hours @ \$46.61/hr = \$3,729 (4% FTE), Senior Library Assistant (assembling and packing program boxes, shipping supplies to branches, entering events in online calendar) - 120 hours @ \$36.85/hr = \$4,422 (6% FTE).			
Consultant Fees			
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
Subtotal	\$0	\$0	\$0

Description:

Budget Category	LSTA	Cash Match & In-Kind	Total
Travel			
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
Subtotal	\$0	\$0	\$0

Description:

Supplies/Materials			
DVD Sets of Sit and Be Fit Videos (8 sets of Seasons 11-14)	\$2,367	\$0	\$2,367
Wrist Bands (16 sets of 30 bands, \$6.50 each)	\$3,120	\$0	\$3,120
Small Exercise Balls (16 sets of 30 balls, \$5.50 each)	\$2,640	\$0	\$2,640
Small Exercise Towels (16 sets of 30 towels, \$13.95 each)	\$6,696	\$0	\$6,696
Mobile Folding Carts with Lids (8 carts, \$27.00 each)	\$216	\$0	\$216
LCD Projectors (8 projectors, \$919.98 each)	\$7,360	\$0	\$7,360
Sound Bars (8 sets, \$47.14 each)	\$377	\$0	\$377
Tabletop Screens (8 sets, \$172.49 each)	\$1,380	\$0	\$1,380
DVD Players (8 players, \$114.99 each)	\$920	\$0	\$920
Surge Protectors (8 units, \$12.99 each)	\$104	\$0	\$104
25' Extension Cords (8 units, \$35.99 each)	\$288	\$0	\$288
3" Masking Tape (24 rolls, \$30.12/roll)	\$723	\$0	\$723

72' HD Cables (8 cables, \$6.89 each)	\$55	\$0	\$55
	\$0	\$0	\$0
Subtotal	\$26,246	\$0	\$26,246
Description: DVD sets for program implementation: 8 sets of Season 11 @ \$58.95/set, 8 sets of Season 12 @ \$78.95/set, 8 sets of Season 13 @ \$78.95/set, and 8 sets of Season 14 @ \$78.95/set = \$2,367; 480 wrist bands @ \$6.50 each = \$3,120; 480 small exercise balls @ \$5.50 each = \$2,640, 480 small exercise towels @ \$13.95 each = \$6,696; 8 mobile folding carts with lids for storage/ shipping @ \$27.00 each = \$216; 8 LCD projectors for program implementation @ \$919.98 each = \$7,360; 8 sound bars for video sound @ \$47.14 each = \$377; 8 tabletop screens for showing videos offsite @ \$172.49 each = \$1380; 8 DVDs for showing videos @ \$114.99 each = \$920; 8 surge protectors for program implementation @ \$12.99 each = \$104; 8 extension cords for offsite implementation @ \$35.99 each = \$288; 24 rolls of masking tape for covering cords to prevent tripping hazards @ \$30.12/ roll = \$723; 8 HD cables for connecting DVD players to projectors @ \$6.89 each = \$55.			
Budget Category	LSTA	Cash Match & In-Kind	Total
Equipment (\$5,000 or more per unit)			
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
Subtotal	\$0	\$0	\$0
Description:			
Services			
Print and Media Advertising	\$5,000	\$0	\$5,000
Guest Speakers/ Facilitators from Fresno-Madera Area Agency on Aging	\$0	\$1,200	\$1,200
Use of Fresno PARCS facilities - outreach programs at meal sites	\$0	\$4,800	\$4,800
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
	\$0	\$0	\$0
Subtotal	\$5,000	\$6,000	\$11,000
Description: Print advertising will include print ads in the Fresno Bee and its Senior Living section, and in rural newspapers in outlying areas (\$3,000). Media advertising will include spots on local radio and television (\$2,000). FCPL will partner with the Fresno-Madera Area Agency on Aging to offer presentations on elder abuse prevention and awareness at up to 4 program sites per session, for a total of 8 presentations @ \$150/ presentation for an estimated in-kind contribution of \$1,200. FCPL will partner with Fresno PARCS to offer outreach Sit and Be Fit programs at up to four free congregate meal sites in community centers per session. With six programs per session and two program sessions, this equals reserving the facilities for a total of 48 programs @ \$100/ program, or an estimated in-kind contribution of \$4,080.			

Project Total		\$31,246	\$51,421	\$82,667
Indirect Cost Rate Applied	10.0 % Indirect Cost	\$3,125	\$0	\$3,125
Check one: <input type="checkbox"/> No Indirect <input type="checkbox"/> Federally negotiated indirect cost rate * <input checked="" type="checkbox"/> Indirect proposed cost rate * * please attach supporting documentation if required				
Description: 10% Indirect costs to cover administrative overhead such as manager oversight, business office processing of orders and payments, and related paperwork.				
Grand Total		\$34,371	\$51,421	\$85,792

ELEMENT 7: ATTACHMENTS
 If you have additional resources that support your grant, please attach after this page

ELEMENT 8: INTERNET CERTIFICATION
 Check the Appropriate Library Type

☒ **Public Library** ☐ **Academic** ☐ **K-12** ☐ **Multi-Type** ☐ **Special/Other**

As the duly authorized representative of the applicant public library, public elementary school library or public secondary school library applying for LSTA funding, I hereby certify that the library is *(check only one of the following boxes)*

- A. ☒ **An individual applicant that is CIPA compliant.**
 The applicant library, as a public library, a public elementary school library or public secondary school library, has complied with the requirements of Section 9134(f)(1) of the Library Services and Technology Act.
- B. ☐ **Representing a group of applicants. Those applicants that are subject to CIPA requirements have certified they are CIPA compliant.**
 All public libraries, public elementary school libraries, and public secondary school libraries, participating in the application have complied with the requirements of Section 9134(f)(1) of the Library Services and Technology Act. The library submitting this application has collected Internet Safety Certifications from all other applicants who are subject to CIPA requirements. The library will keep these certifications on file with other application materials, and if awarded funds, with other project records.
- C. ☐ **Not Subject to CIPA Requirements.**
 The CIPA requirements do not apply because no funds made available under this LSTA grant program will be used to purchase computers used to access the Internet or to pay for direct costs associated with accessing the Internet.

LIBRARY DIRECTOR SIGNATURE
 I have read and support this LSTA Grant Application.

Fresno County Public Library	Sit and Be Fit: Rotating Resources
Library/Organization	Project Name

Kelley Landano

Library Director Name

County Librarian

Title

Library Director Signature

Date

GRANT MONITOR SIGNATURE

I have read and approve this LSTA Grant Application.

Grant Monitor Name

Grant Monitor Signature

Date

file:mcp/lsta/announceapps&instr/18-19



Agency on Aging Serving Fresno & Madera

Connecting the Community

May 4, 2018

California State Library
Library – Courts Building
P.O. Box 942837
Sacramento, CA 94237-0001

This letter confirms Fresno-Madera Area Agency on Aging's (FMAAA) intent to partner with Fresno County Public Library (FCPL) on the LSTA Pitch an Idea grant project, "Sit and Be Fit: Rotating Resources."

Through the partnership, FCPL will provide a low-impact chair exercise program for older adults at up to four different Fresno PARCS congregate meal sites in the January through April and May through July 2019 time frames.

FCPL will provide staffing and equipment for the programs and create marketing materials for promotion. Our agency will offer presentations on elder abuse awareness at up to four program sites a session at no charge to the library (estimated in-kind value of \$1,200). FCPL will also recruit other guest speakers from FMAAA's partner organizations to present conversations on additional vital topics for older adults during the program sessions.

Please contact us at (559) 600-4405 if you need any additional information.

Sincerely,

Linda L. Descoteaux
Administrative Manager

3837 N. Clark St. • Fresno, CA 93726

Senior Information: Ph 559.600.4405 • Fax 559.243.5651 • Email: services@fmaaa.org
Administration/Finance: Ph 559.600.4405 • Fax 559.243.5918 • Email: admin@fmaaa.org
Toll Free 800.510.2020 • Website: www.fmaaa.org

City of



Parks, After School, Recreation and Community Services

Alfonso Hernandez, Jr. Building
At Dickey Youth Center
1515 East Divisadero Street
Fresno, California 93721-1115
(559) 621-2900 FAX (559) 457-1575
www.fresno.gov

Parvin Neloms Jr., Director

April 26, 2018

To Whom It May Concern:

This letter confirms the City of Fresno PARCS Department – Senior Hot Meals program’s intent to partner with Fresno County Public Library (FCPL) on the LSTA Pitch an Idea grant project, “Sit and Be Fit: Rotating Resources.” Through the partnership, FCPL will provide a low-impact chair exercise program for seniors at up to four different Fresno PARCS congregate meal sites between January – April and May – July 2019. FCPL will provide staffing and equipment for the programs and create marketing materials for promotion. Fresno PARCS will provide use of space in the meal site (estimated in-kind value of \$4,800) and help generating interest through word of mouth and posting/ distribution of flyers. FCPL will also recruit guest speakers to present conversations on hot topics for older adults during the program sessions.

Thank you,

A handwritten signature in black ink, appearing to read "Ricardo Rodriguez". The signature is fluid and cursive.

Ricardo Rodriguez
Community Recreation Supervisor – Senior Hot Meals
City of Fresno PARCS
621-6622

